



Songs and Icons for our 2025 showcase including rehearsal information

This information is for student's performing in the Blush Kids and Juniors Showcase

(16 and under)

1. Performance Group

AGES: 4-10

SONG/ICON: Spice Girls (Spice up your life) (Sling and Hoop)

This is a group which is open to student's aged between 4 – 9 who really want to push their performance to another level. This is an add on routine (they can choose this group as a second routine). Rehearsals will be on certain Sundays throughout the year. Students do not need to attend all rehearsals.

2. Cara's Aerial Hoop Group

AGES: 11-15

SONG/ICON: Taylor Swift (Shake it off)

For students who attend Wednesday 5.45pm hoop. This routine will be taught during normal class and there will be some extra rehearsals outside of class time. (weekends)

3. Shira's Aerial Hoop Group

AGES: MIXED

SONG/ICON: Alicia Keys (Girl on fire)

For students who attend Tuesday 5.30 Hoop. This routine will be taught during normal class and there will be some extra rehearsals outside of class time. (Sundays)

4. Amy's Aerial Hoop Group

AGES: MIXED

SONG/ICON: Sia (Unstoppable)

For students who attend Saturday 10.45am Hoop. This routine will be taught during normal class and there will be some extra rehearsals outside of class time. (Mainly Saturdays but possible Sundays)

5. Eve's Aerial Hoop Group

AGES: 5-10

SONG/ICON: Katy Perry (Roar)

For students who attend Wednesday 5pm Hoop. This routine will be taught during normal class and there will be some extra rehearsals outside of class time. (possible Sundays)

6. Marie's Silks Group (From adults classes)

AGES: 12-16

SONG/ICON: PINK

For students who attend Adult Tuesday 7.30 class. This routine will be taught during normal class and there will be some extra rehearsals outside of class time.

7. Shira's Aerial Sling Group

AGES: MIXED

SONG/ICON: Natasha Beddingfield (Unwritten)

For students who attend Monday 5.30pm class. This routine will be taught during normal class and there will be some extra rehearsals outside of class time on Sundays.

8. Meg's Aerial Sling Group

AGES: 11-15

SONG/ICON: Beyonce (Halo)

For students who attend Thursday 6pm and 6.45pm classes. This routine will be taught during normal class and there will be some extra rehearsals outside of class time on Sundays.

9. Vicky/Amy/Beckie Aerial Hoop Group (From ADULT classes)

AGES: ADULT CLASS STUDENTS (12-16)

SONG/ICON: Dependant on class student attends in adult classes

For students who attend Monday 5.30pm class. This routine will be taught during normal class and there will be some extra rehearsals outside of class time on Sundays.

10. Meg's Aerial Sling Group

AGES: 4-9

SONG/ICON: Little Mix (Wings)

For students who attend Thursday 5.15pm class. This routine will be taught during normal class and there will be some extra rehearsals outside of class time on Sundays.

11. Performance Group

AGES: 11-16

SONG/ICON: Rihanna (Disturbia/Diamonds)

This is a group which is open to student's aged between 11-15 who really want to push their performance to another level. This is an add on routine (they can choose this group as a second routine). Rehearsals will be on certain Sundays throughout the year. Students do not need to attend all rehearsals.